

Annual Report 2021 Promoting Health for the mind, body & spirit





Almost half of all childhood deaths globally are related to malnutrition. In India the diet of the poorer population is high in carbohydrates and low in protein leading to stunting, suboptimal neurological and intellectual development and inability to repair tissue.

Proteins are the building blocks of all cells and are critical for production of antibodies, hormones, enzymes and even connective tissue. It helps store amino acids, helps in muscle movement, and is the vehicle to transport substances within the body. Adding protein is always beneficial to a substandard diet at any age.

Research has proved that there is a very strong relationship between Health, Nutrition and Education and a lack in any one field affects the other two factors. Our focus is overall nutrition and related education.







Our Vision

Nutrition for All - A world of communities with no undernourished people. We produce tasty, healthy snack bars for impoverished children.

Our Mission

Short term we provide nutritional snacks to needy populations especially children, the sick, and the aged. Long term we promote nutritional awareness and solutions to self-sustainability of food.

The Bar

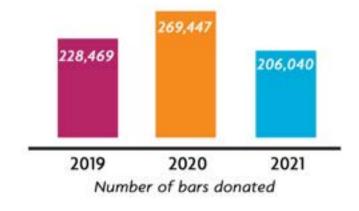
Happy Bar Nutrition promotes health for the mind, body and spirit. We donate delicious protein bars for the undernourished. Because many of these children have never received a gift, we wrap each bar with love and deliver a smile through our bubbly mascot Boing. It's more than a bar.



volunteer staff

Due to the COVID-19 pandemic, intermittent disruption to manufacturing of the bars as well as school closures impacted the number of bars donated for 2021.

children



Number of Bars Donated in 2021

206,040

Over 1.2 million bars have already been donated!



In 2021, we have supported 21 locations/campaigns

Orphanages (Including HIV)	-	
Schools Leprosy & Rehabilitation Centers Cancer/Special Needs Child Care Services Others (incl. COVID-19 relief)	5 3 3	
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2022 Goals

Maintain 2021 volumes given the current pandemic challenges
Happy Bar souvenir shop
Expand donor base to become more sustainable
Secure FCRA from Govt of India



On behalf of the people whose lives you've changed, we thank you for your continued support and we hope you will help us make a difference to more lives in the years to come.

JOIN US.

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You can also get updates via The Boing Log (BLOG) at www.happybarnutrition.org/blog

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4 NUTRITIOUS HAPPY BARS DONATED FOR USD \$1

